Health and Exercise Science Minor  (19 credits)

[APHS 215] Chronic Disease and Exercise (3)
[APHS 301] Exercise Physiology (4)
[APHS 360] Exercise Testing & Prescription (3)

Select six credits from the following:
- [APHS 210] Exercise Psychology (3)
- [APHS 310] Elite Athletic Performance (3)
- [APHS 315] Stress Testing and ECG Interpretation (3)
- [APHS 415] Advanced Exercise Physiology (3)

Three credits of an upper-level course from ATED, HPED, or HEXS

Requirements for students who declare the minor in 2017-18.